



## DECEMBER 2017 MINI-SERIES WORKSHOPS

**Saturday, 12/2/17 2pm – 5pm**

Fundamentals of Chen Style Taijiquan

**Saturday, 12/9/17 2pm – 5pm**

18 Movements Form

**Saturday, 12/16/17 9am – 12 noon – Part 1 of 4**

**Saturday, 12/16/17 2pm – 5 pm – Part 2 of 4**

**Sunday, 12/17/17 9am – 12 noon – Part 3 of 4**

**Sunday, 12/17/17 2pm – 5 pm – Part 4 of 4**

Lao Jia Yi Lu – Old Frame First Routine

*Location: Hybrid Athletic Club*

*2881 Commerce Park Dr, Suite A*

*Fitchburg, WI 53719*

*Phone: (608) 276-8074*

Registration is \$25 per 3-hr session. Participation in Lao Jia Yi Lu requires that you know the fundamentals, 18 movement form is optional. Wear clothing that are loose around the waist and ankles. Shoes are optional. Non-marking shoes only and less traction is better.



Madison Chen Style Taijiquan 陈式太极拳

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GREAT  
OPPORTUNITY  
—

EXCELLENT  
SPACE  
—

RESERVE YOUR  
SPOT & BRING A  
FRIEND  
—

VISIT WEB SITE FOR  
MORE  
INFORMATION  
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[www.chenstyletaijiquan.net](http://www.chenstyletaijiquan.net)  
[www.hybridathleticclub.org](http://www.hybridathleticclub.org)



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