



New Evening Classes starting January 2018

Where:

Hybrid Athletic Club
2881 Commerce Park Dr, Suite A
Fitchburg, WI 53719
608.276.8074



When:

Every **Wednesday** beginning Jan 10th, 2018

6:00 pm – 7:30 pm

Fundamentals of Chen Style Taijiquan

- Stretching, Body Conditioning
- Silk Reeling Exercises

7:45 pm – 8:45 pm

Forms practice beginning with Lao Jia Yi Lu

Cost:

\$10 per class for non-club members
\$5 per class for club members

www.chenstyletaijiquan.net

Khiang Seow 608.354.3439 khiangseow@gmail.com



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