



Madison Chen Style Taijiquan 陈式太极拳

Chen Taijiquan Silk Reeling & Straight Sword

Master Chen Hui Xian

Oct 5-7, 2012, in Madison, WI

Madison Chen Style Taijiquan welcomes Master Chen Hui Xian, the Phoenix of Chen Village, back to Madison, Wisconsin for another workshop in traditional Chen village Taijiquan training!

The Friday evening Silk Reeling class has been extended to 3 hours! Silk Reeling exercises are the foundation of Chen Style Taijiquan promoting correct body alignment to maximize energy flow and is a great warm-up to any style of taiji practice.

The Saturday and Sunday classes will cover the entire Straight Sword (Dan Jian) form. This form is suitable for all taiji practitioners as it is a beginner's form. The movements of the double edged sword is fluid and smooth like the movements of the dragon flying across the sky.



www.chenhuixian.org

Silk Reeling

Friday, Oct 5, 2012
(5:30 pm - 8:30 pm)

Dan Jian (Straight Sword)

Saturday—Sunday, Oct 6-7, 2012
(9am - 12pm / 2pm - 5pm)

LOCATION

Dance On Air
2960 Triverton Pike Dr.
Fitchburg, WI 53711
(on Hwy PD/McKee Rd, across from Noodles & Company, by Starbucks)

** If you need help obtaining a sword, let me know. The right sword for you is when the tip of the sword reaches the middle of your ear when the sword is held by the guard in the palm of your hand

Tuition (Pre-register by 9.29 / cash at door after 9.28)

Friday, Saturday & Sunday: \$220 / \$250

Saturday & Sunday: \$180 / \$200

Saturday or Sunday only: \$100 / \$110

Friday only: \$50 / \$60

Make checks payable to:

Khiang Seow

Send to:

P.O. Box 258061

Madison, WI 53725

CONTACT

Khiang Seow

(608) 354 - 3439

khiang@chenstyletaijiquan.net

Visit www.chenstyletaijiquan.net for more info.